



**Family
Connections
Centers**



San Francisco Department of
Early Childhood

兒童的情緒管理

在這個講座，我們將討論如何有效地展示和教導您的孩子管理情緒，從而提升他們的情緒管理和應對能力。



Emotional Management for Kids

時間 / WHEN:
6/28, 9:30 - 11:00 am

地點 / WHERE:
Zoom

語言 / LANGUAGE:
Cantonese / 粵語

In this workshop, we will discuss how to effectively demonstrate and teach your child emotional regulation, enhancing their emotional intelligence and coping skills.

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*helping children
and families thrive*

To register / 註冊:
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