



Oral Health

In this workshop, you will learn about the importance of children’s dental hygiene and how dental cavities happen. The presenters will also share ways to prevent cavities including regular visits to the dentist, good oral hygiene practices, and fluoride varnish and dental sealants.



口腔健康

WHEN / 時間:

6/13
10:30 - 11:30 am

WHERE / 地點:

Zoom

LANGUAGE / 語言:

Cantonese / 粵語

在這個工作坊中, 您將了解兒童牙齒衛生的重要性以及蛀牙是如何發生的。主持人還將分享預防蛀牙的方法, 包括定期看牙醫、良好的口腔衛生習慣以及氟化物清漆和牙科密封劑。