



**Family  
Connections  
Centers**



# Children's Development and Growth

Gain knowledge on how children learn and grow, from newborn to age 6. The workshop will cover the benefits and importance of a healthy and balanced diet for children, preventative health concepts, and North East Medical Services' pediatric care offerings for families.



**When:**

June 21  
3:30—4:30 pm

**Where:**

Virtual via Zoom

**Language:**

Cantonese

**To register, please contact:** Cheryl at  
[cau@fccenters.org](mailto:cau@fccenters.org), 415.857.0885.

Zoom link will be sent after registration.

 [fccenters.org](https://www.fccenters.org)

 [@fccenters](https://www.instagram.com/fccenters)

 [Family Connections Centers](https://www.facebook.com/fccenters)



**Family Connections - Portola**  
2565 San Bruno Avenue  
San Francisco, CA 94134  
415.715.6746



**Family Connections - Excelsior**  
5016 Mission Street  
San Francisco, CA 94112  
415.333.3845



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# 兒童發展和成長

在本次講座中，參加者會了解新生兒至 6 歲兒童是如何學習和成長。講座內容涵蓋健康均衡飲食對兒童的好處和重要性、預防疾病、以及東北醫療服務部為家庭提供的兒科護理服務。



時間:

6月21日

下午 3:30-4:30

地點:

網上Zoom進行

語言:

廣東話

如要報名，請聯繫 Cheryl。

415.857.0885, [cau@fccenters.org](mailto:cau@fccenters.org).

注册后将提Zoom链接。

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