Psychological and Socioemotional Changes During Puberty

"Adolescents don't rebel against their parents, they rebel against their parents' incorrect discipline!" - Dr. Thomas Gordon.

Join this workshop to learn about the physical/mental changes and brain development of adolescents, how to set an effective communication framework with young people, and basic listening skills for communicating with teens.

When:
May 19
4:00—5:00 pm

Where:
Virtual via Zoom.

Language:
Cantonese

To register, please contact: Derek at dmui@fccenters.org, 650.741.4276.

Zoom link will be sent after registration.
“青少年不会反抗父母，他们会反抗父母不正确的管教！”
- Dr. Thomas Gordon

博士参加本次工作坊了解青少年的身心变化和大脑发展，如何与青少年建立有效的沟通渠道，以及与青少年沟通的倾听技巧。

時間：
5月19日
下午 4:00 – 5:00

地點：
網上Zoom

語言：
廣東話

如要報名，請聯絡 Derek，電郵：650.741.4276, dmui@fccenters.org.

注册后将提Zoom链接。