



**Family
Connections
Centers**



10 Warning Signs for Alzheimer's Disease

Alzheimer's Disease and dementia cause changes to memory and behavior that can interfere with daily life. Join us to learn about 10 common warning signs and what to watch for in yourself and others, including typical age-related changes, how to approach someone about memory concerns, and Alzheimer's Association resources.



When:
February 11
10:30—11:30 am

Where:
Virtual via Zoom.

Language:
Cantonese

**To register, please contact: Cheryl
415.857.0885, cau@fccenters.org.**

Zoom link will be sent after registration.

 [fccenters.org](https://www.fccenters.org)

 [@fccenters](https://www.instagram.com/fccenters)

 [Family Connections Centers](https://www.facebook.com/fccenters)



Family Connections - Portola
2565 San Bruno Avenue
San Francisco, CA 94134
415.715.6746



Family Connections - Excelsior
5016 Mission Street
San Francisco, CA 94112
415.333.3845



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阿滋海默症十大警訊

阿滋海默症和其他失智症造成影響日常生活對記憶、思考和行為的變化。歡迎加入我們一起來了解10種常見的警訊，以及在自己或旁人身上需要留意的跡象。講座涵蓋了典型與年齡相關的變化、阿滋海默症的警訊、如何與他人談論有關記憶力的顧慮、早期發現、獲得診斷的好處和診斷過程，以及阿滋海默症協會的資源。



時間:

2月11日
10:30—11:30 am

地點:

網上Zoom進行

語言:

廣東話

如要報名, 請聯絡 Cheryl, 電郵:
415.857.0885, cau@fccenters.org.

注册后将提Zoom链接。

 [fccenters.org](https://www.fccenters.org)

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