



COVID-19 Information and Resources

1

Educational Resources

- [How to Transition to Online Learning](#)
- [Khan Academy Daily Schedule by Grade Level](#)
- [FREE ABC Mouse Access](#)

2

At Home Activities

- [Coping After a Disaster \(Activity Book\)](#)
- [Alo Yoga for Kids \(VIDEOS\)](#)

3

Family Support Resources

- [Renters and Homeowners Protection](#)
- [San Francisco Senior Meal Delivery Services](#)

4

Stress Management Resources

- [Talking to Your Kids About the Coronavirus \(VIDEO\)](#)
- [Keeping Mental Health in Check While Working from Home](#)

For More Updates Visit

[FCCENTERS.ORG/ABOUT/COVID-19-PREVENTION/](https://fccenters.org/about/covid-19-prevention/)