



# COVID-19 Information and Resources

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## Educational Resources

- [KQED At-Home Learning Resources](#)
- [Amazing Educational Resources](#)
- [Audible Stories](#)

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## At Home Activities

- [275+ Enrichment Activities for Children While Parents are Working Remotely](#)
- [Virtual Fieldtrips](#)

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## Family Support Resources

- [SFUSD Enroll Online and Mail-in Options](#)
- [Resources for Undocumented Californias](#)
- [Assistance and Guidance for Workers and Businessess](#)

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## Stress Management Resources

- [Kaiser Permanente Stress Management Resources](#)
- [Child Mind Institute: Talking to Your Kids About the Coronavirus](#)

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